November 2026

Tri-Cities Senior Living Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 New and Brews 10:00 Hymn Sing Along (BW) 10:30 Stories of the Bible (BW) 11:00 Bible Trivia (BW) 1:30 Move it and Lose it (BW) 2:00 Sunday Football and Snacks (BW) 2:30 Sundaes on Sunday (BW) 3:30 Scrabble (card game) (BW) 4:30 Music Therapy (BW) 6:00 Movie Matinee (BW)	**2** 8:30 Easy Jazz and Coffee (BW) 10:00 Gentle Stretches (BW) 10:30 Balloon Toss (BW) 11:30 Volleyball (BW) 1:30 Friendly Visits (BW) 2:30 Joy Rides 3:00 Bake My Day - Cookie Social (BW) 3:30 Table Activities (BW) 4:30 Music and Memory (BW) 6:30 Monday Night Football (BW)	**3** 8:30 Morning Coffee and News (BW) 10:00 Fun & Fitness (MT) 10:30 Mason Jar Lid Pumpkins (BW) 1:30 Bible Study (MT) 2:30 BINGO (EN) 3:30 Trivia Games (BW) 4:30 Music Therapy (BW) 6:00 Classic Sitcoms (BW)	**4** 8:30 Caffeine & Current Events (BW) 10:00 Noodle Exercises (TS) 10:30 Noodle Time (TS) 11:00 Balloon Tennis (TS) 11:15 Riddles and Fun Facts (TS) 1:30 Hidden Object Puzzles (BW) 2:30 Movie Matinee & Popcorn (MT) 4:30 Music Therapy (BW) 6:00 Western Wednesday's (BW)	**5** 8:30 Music and Coffee (BW) 10:00 Joy Rides (BW) 10:15 Morning Walk (BW) 10:30 Table Activities (BW) 1:30 Music by: Gabriel Knutzen (TS) 3:00 Root Beer Floats and Games (BW) 4:30 Music and Memory (BW) 6:00 Hallmark Movies (BW)	**6** 8:30 Morning News and Coffee (BW) 9:30 Love on a Leash (BW) 10:30 Step by Step Walking Club (BW) 11:00 Drinks in Pepsi Café (BW) 1:30 Uno (BW) 2:30 BINGO (BW) 3:30 Trivia Games (EN) 4:00 Music and Memory (BW) 5:00 Dinner Topics (BW)	**7** MO History Programs (BW) 9:30 Table Activities (WN) 10:00 Pretty Nails (BW) 11:00 Beauty Secrets & Conversation (BW) 1:30 Pretty Nails (BW) 1:30 Table Activities (EN) 2:30 Beauty Secrets & Conversation (WN) 3:30 Board Games (BW) 4:30 Reminiscing (BW) 6:30 Netflix Movie (BW)
8 8:30 New and Brews 10:00 Worship Service (BW) 10:30 Bible Group Discussions (BW) 11:00 Color Therapy (BW) 1:30 Move it and Lose it (BW) 2:00 Sunday Football and Snacks (EN) 2:30 Sundaes on Sunday (BW) 3:30 Beaded Pumpkins (BW) 4:30 Music Therapy (BW) 6:00 Movie Matinee (BW)	**9** 8:30 Easy Jazz and Coffee (BW) 10:00 Gentle Stretches (BW) 10:30 Parachuting (BW) 11:00 Reading Roundtable (BW) 1:30 Coloring (BW) 2:30 Joy Rides 3:00 Bake My Day - Cookie Social (BW) 3:30 Today in History Reading (BW) 4:00 Color Therapy (BW) 6:00 Classic Sitcoms (BW) 6:30 Monday Night Football (BW)	**10** 8:30 Morning Coffee and News (BW) 10:00 Fun & Fitness (MT) 10:30 Fall Tree Craft (BW) 1:30 Audio Books Group (BW) 2:30 BINGO (EN) 3:30 Trivia Games (BW) 4:30 Sing Along (BW) 6:00 Classic Sitcoms (BW)	**11** AD Happy Veteran's Day 8:30 Caffeine & Current Events (BW) 10:00 Noodle Exercises (MT) 10:00 Shopping @ Nordstrom's Rack 10:30 Donuts with Residents (TS) 11:00 Target Practice (TS) 1:30 YouTube Veteran's Day Church Service (BW) 2:00 Veteran's Day Bus Outing (BW) 3:00 Sequence Card Game (WN) 4:00 Color Therapy (WN)	**12** 8:30 Music and Coffee (BW) 10:15 Morning Walk (CT) 10:30 Color Dominoes (BW) 11:00 Dementia Support Group (MT) 11:00 Riddles and Fun Facts (TS) 1:30 Happy Feet Walking (BW) 2:30 Hot Chocolate Social (BW) 3:30 Uno (BW) 4:30 Music and Memory (BW) 6:00 Hallmark Movies (BW)	**13** 8:30 Morning News and Coffee (BW) 9:30 Love on a Leash (BW) 10:30 Step by Step Walking Club (BW) 11:00 Drinks in Pepsi Café (BW) 1:30 Scrabble (card game) (WN) 2:30 BINGO (BW) 3:30 Trivia Games (EN) 4:00 Music and Memory (BW) 5:00 Dinner Topics (BW)	**14** MO History Programs (BW) 9:30 Table Activities (WN) 10:00 Pretty Nails (BW) 11:00 Beauty Secrets & Conversation (BW) 1:30 Pretty Nails (BW) 1:30 Table Activities (EN) 2:30 Beauty Secrets & Conversation (WN) 3:30 Board Games (BW) 4:30 Reminiscing (BW) 6:30 Netflix Movie (BW)
15 8:30 New and Brews 10:00 Hymn Sing Along (BW) 10:30 Stories of the Bible (BW) 11:00 Bible Trivia (BW) 11:00 Puzzle Pals (BW) 1:30 Move it and Lose it (BW) 2:00 Sunday Football and Snacks (EN) 2:30 Sundaes on Sunday (BW) 3:30 Water Painting (BW) 4:30 Music Therapy (BW) 6:00 Movie Matinee (BW)	**16** 8:30 Easy Jazz and Coffee (BW) 10:00 Gentle Stretches (BW) 10:30 Coupon Clipping (BW) 1:30 Stenciling (BW) 2:30 Joy Rides 3:00 Bake My Day - Cookie Social (BW) 3:30 Color Therapy (BW) 4:30 Music and Memory (BW) 6:30 Monday Night Football (BW)	**17** 8:30 Morning Coffee and News (BW) 10:00 Fun & Fitness (MT) 10:30 Yarn Art (BW) 1:30 Bible Study (MT) 2:30 BINGO (EN) 3:30 Trivia Games (BW) 4:30 Sing Along (BW) 6:00 Classic Sitcoms (BW)	**18** 8:30 Caffeine & Current Events (BW) 10:00 Noodle Exercises (MT) 10:30 IN2L Fun (TS) 10:30 Noodle Time (TS) 11:00 Parachuting (TS) 1:30 Stenciling (BW) 2:30 Movie on the Neighborhood (WN) 4:30 Eat, Drink and Be Thankful Family Dinner 6:00 Western Wednesday's (BW)	**19** 8:30 Music and Coffee (BW) 10:00 Joy Rides (BW) 10:15 Morning Walk (CT) 10:30 Puzzle Pals (BW) 1:30 Friendly Visits (BW) 2:30 Music by Jazzy Jeff (BW) 3:30 Minute to Win it Games (BW) 4:30 Music and Memory (BW) 6:00 Hallmark Movies (BW)	**20** 8:30 Morning News and Coffee (BW) 9:30 Love on a Leash (BW) 10:30 Step by Step Walking Club (BW) 11:00 Drinks in Pepsi Café (BW) 1:30 Puzzles (TS) 2:30 BINGO (BW) 3:30 Trivia Games (EN) 4:00 Music and Memory (BW) 5:00 Dinner Topics (BW)	**21** MO History Programs (BW) 9:30 Table Activities (WN) 10:00 Pretty Nails (BW) 11:00 Beauty Secrets & Conversation (BW) 1:30 Pretty Nails (BW) 1:30 Table Activities (EN) 2:30 Beauty Secrets & Conversation (WN) 3:30 Board Games (BW) 4:30 Reminiscing (BW) 6:30 Netflix Movie (BW)
22 8:30 New and Brews 10:00 Worship Service (BW) 10:30 Bible Group Discussions (BW) 11:00 Board Games (BW) 1:30 Move it and Lose it (BW) 2:00 Sunday Football and Snacks (BW) 2:30 Sundaes on Sunday (BW) 3:30 Crafts with Courtney (BW) 4:30 Music Therapy (BW) 6:00 Movie Matinee (BW)	**23** 8:30 Easy Jazz and Coffee (BW) 10:00 Gentle Stretches (BW) 10:30 Fall Art (BW) 1:30 Afternoon Walk (BW) 2:30 Joy Rides 3:00 Bake My Day - Cookie Social (BW) 3:30 Table Fun (BW) 4:30 Music and Memory (BW) 6:30 Monday Night Football (BW)	**24** 8:30 Morning Coffee and News (BW) 10:00 Fun & Fitness (MT) 10:30 Colorful Christmas Tree Button Craft (BW) 1:30 Puzzle Pals (BW) 2:30 BINGO (EN) 3:30 Trivia Games (BW) 4:30 Sing Along (BW) 6:00 Classic Sitcoms (BW)	**25** 8:30 Caffeine & Current Events (BW) 10:00 Noodle Exercises (MT) 10:30 Cream Cheese, Bagels and Coffee (TS) 10:30 IN2L Fun (TS) 1:30 Puzzle Pals (BW) 2:30 Music with Bobby (BW) 4:30 Music Therapy (BW) 6:00 Western Wednesday's (BW)	**26** AD Happy Thanksgiving 8:30 Music and Coffee (BW) 10:15 Morning Walk (CT) 10:30 Macy's Thanksgiving Parade and Pie (BW) 2:30 Puzzle Pals (BW) 4:30 Music and Memory (BW) 6:00 Hallmark Movies (BW)	**27** 8:30 Morning News and Coffee (BW) 9:30 Love on a Leash (BW) 10:30 Step by Step Walking Club (BW) 11:00 Drinks in Pepsi Café (BW) 1:30 Sequence Card Game (BW) 2:30 BINGO (BW) 3:30 Trivia Games (EN) 4:00 Music and Memory (BW) 5:00 Dinner Topics (BW)	**28** MO History Programs (BW) 9:30 Colorful Button Christmas Tree Craft (WN) 10:00 Pretty Nails (BW) 11:00 Beauty Secrets & Conversation (BW) 1:30 Pretty Nails (BW) 1:30 Table Activities (EN) 2:30 Beauty Secrets & Conversation (WN) 3:00 Mini Smore Pies (TS) 3:30 Board Games (BW) 4:30 Reminiscing (BW) 6:30 Netflix Movie (BW)
29 8:30 New and Brews 10:00 Hymn Sing Along (BW) 10:30 Stories of the Bible (BW) 11:00 Bible Trivia (BW) 1:30 Move it and Lose it (BW) 2:00 Sunday Football and Snacks (EN) 2:30 Sundaes on Sunday (BW) 3:30 Painting (BW) 4:30 Music Therapy (BW) 6:00 Movie Matinee (BW)	**30** 8:30 Easy Jazz and Coffee (BW) 10:00 Gentle Stretches (BW) 10:30 Kickball (BW) 11:00 Ball Toss (BW) 1:30 Word Puzzles (BW) 2:30 Joy Rides 3:00 Bake My Day - Cookie Social (BW) 3:30 Fun with Courtney (BW) 4:30 Music and Memory (BW) 6:30 Monday Night Football (BW)					

Locations

TS = Town Square
BW = Both Neighborhoods
WN = West Neighborhood
CT = Courtyard
EN = East Neighborhood
MT = Movie Theater

Happy Birthday

Eunice "Junie" B. – 2nd
Jack F. – 2nd
Margy T. – 17th
David P. – 22nd
Marilu S. – 28th